Sex Magick

A Manual

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Sex Magick

Sex Magick is a powerful tool to get what you want. Sex Magick can be performed alone, as a couple, in a group or even symbolically. Sex magick is not for every practitioner, but is a method to increase and improve the power and efficacy of their magickal practice.

Sex Magick and personal limits or boundaries. In reality, there are no limits to the human psyche, only limits that we or society place on us. Magick involves expanding or removing these self imposed limits from ourselves through self exploration and development, and exerting our will on the universe. Sex Magick practitioners are testing their own boundaries, and the boundaries placed by society. There is a strong correlation between Sex Magick, BDSM, D/s, and Polyamory. The need for complete and total submission in some rituals makes sex magick a perfect match for some of the sexual practices mentioned above.

Sex Magick is the use of sexual energy to assist and strengthen magickal operations. It is not an excuse to get laid. We are all human and adults, we really don't need to make excuses. Sex magick is performed not as a form of 'sleazy' sex, but as a tool to raise the energies to perform a ritual. Sex amongst pagans is believed to be a celebration of the bodies of both man and woman, god and goddess, natural and open, something beautiful. It can be performed to symbolize the god and goddess or to bring people together. Sex Magick is one of the most powerful ways to increase the strength of your magickal work. I believe that sex magick can be an erotic form of sex and a powerful tool to get what you want and it is the least manipulative of spell craft or ritual magick since all partners are fully aware and synchronized to agree and know what is going on. And, I believe it can have a powerful hold and form a bond with the people involved.

Sex Magick is used in conjunction with other magickal practices and techniques. Sex by itself isn't magickal (at least in this sense) by itself. It is used to raise the energy and power of other magickal work. Ritual magick requires a variety of special tools and equipment. With Sex Magick, all of us come with the equipment needed to perform this kind of magic. Sex Magick can be used in conjunction with; Ritual or ceremonial magick, goetic operations, enochian magick, Satanism, voodoun, and wiccan practices.

For wiccans, Beltane is the most obvious sexual time of celebration; the traditional Maypole is itself an obvious phallic symbol. Sex is seen as a gift, a pleasure given to us from the god and goddess. To fully understand and appreciate sex magick one must shed all Christian fundamentalist principles that tend to leave one with repressive guilt and shame. Sex magick rituals are most suitable for the Beltane sabbat.

Aleister Crowley suggests that when performing sex magick the woman must be submissive and the vessel for the man. I don't know how you feel about this in this day and age, but this *does* work well for some spells and rituals.

There are three kinds of sex magick:

Monofocal - Focus is on one. This can be done through symbolism or self masturbation or assistance by another or even a group. This solitary method is good for divination purposes. You can alter your state of consciousness or work with a sigil in mind. If you are assisted by another for divination purposes this is called eroto-comatose lucidity (ECL).

Duofocal - Focus on two. This is performed with two partners. Love is important for this focus, but don't get this confused with the romantic kind of love. As Aleister Crowley states, "love is the law, love under will". The purpose of this is to unite two opposites, for example: the man and woman, magnetic and electric, yin and yang. "love is most nearly itself when here and now cease to matter" T.S.Elliot

Polyfocal - Focus on many, a group with one, a leader to guide the energy to serve a purpose. This form of sex magick is not meant to be an orgy, but it is sex with multiple partners at one time for the purpose of raising energies and being guided by a leader. The guide's purpose is to organize and direct the energies.

What to do before performing sex magick:

For one person:

1. decide what your energy raised will be for. What spell to perform, what sigil you will concentrate on, what chant, etc.
2. bathe in salt water.
3. gather your appropriate color candles, herbs, incense, etc.
4. make sure you will not be disturbed
5. center yourself
6. cast your circle

for two or more people:

1. cast a circle
2. ground, center
3 begin with anointing each other with appropriate oils
4. incense appropriate to the spell, candle colors, herbs, etc
5. eye contact is started and maintained
6. rhythmic breathing
7. rhythmic movement

There are several ways people can jointly raise energies together for spell work:

1. eye contact -focus, releasing egos, vulnerability is strength, openness is power, losing control is the freedom to feel and be
2. synchronized breathing - hypnotic state
3. synchronized movement - hypnotic state
4. rhythmic stroking - again inducing hypnotic state
5. anointing each other with specific oils for the spell
6. visualization
7. synchronized chanting
8. flagellation- if all agree

To raise energies with symbols:

1. candles
2. swords
3. knives
4. athames
5. chalice
6. bowls
7. needles
8. crystal ball
9. menstrual blood
10. the moon
11. silver and gold
12. snakes

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